



**OCAPDD / AOCPI
Open Hands**

Esprit Newsletter

Spring / Summer Edition 2022

By Aytar Atakishiyeva

Ottawa-Carleton Association for Persons with Developmental Disabilities (OCAPDD) – Open Hands

Association d'Ottawa-Carleton pour personnes ayant une déficience intellectuelle (AOCPI) – Mains Ouvertes

OCAPDD'S 20TH ANNUAL CHARITY GOLF TOURNAMENT

WHEN: Monday, June 20th, 2022

TIME: 1pm shotgun start

WHERE: Hautes Plaines

Golf Course

COST: \$150.00

Register online:

www.ocapdd.on.ca



20E TOURNOI DE GOLF ANNUEL DE BIENFAISANCE DE L'AOCPI



QUAND : Lundi 20 juin 2022

**HEURE : 13 h départ
simultané**

**OÙ : Terrain de golf
Hautes Plaines**

COÛT : 150 \$.

Inscrivez-vous en ligne :

www.ocapdd.on.ca

PRESIDENT & EXECUTIVE DIRECTOR'S REPORT

Spring 2022

COVID-19

Unfortunately, COVID-19 has continued to impact our operations since our last article in the Fall. Specifically the Omicron variant arrived, which led to every residential program in Ottawa and Cornwall being in outbreak at least once over the past several months. Resumption of recreational services and a reduction in PPE requirements for employees had just been announced when Omicron arrived. Those changes were quickly rescinded unfortunately.

We would like to again express the heart felt appreciation of families, management and the Board to all of our employees, who have continued to step up, often working extended hours, to keep those programs operating in order to ensure the people we support continued to receive an excellent level of care! THANK YOU!!!

ONTARIO

As you are likely aware from media coverage, the Ontario Government passed legislation in April which made the Temporary Wage Enhancements (\$3/hour), which DS sector employees had been receiving for the past 20 months, permanent. This is obviously good news, and well deserved. Strong advocacy efforts had been made by the sector to achieve this, but it had remained uncertain until the Bill was passed.

On June 2nd Ontario held a provincial election, with the Progressive Conservatives winning a second majority. One of the campaign elections from the PC's, was to increase ODSP rates by 5%, and tie future increases to inflation. This will be an item that the sector will certainly be advocating for to ensure that this is implemented.

As mentioned in previous editions of Esprit, last spring, then Minister Smith, announced the Journey to Belonging reform initiative for developmental services in Ontario. Some consultation sessions with the sector were held in the Fall of 2021. In November, MCCSS announced that KPMG had been selected to conduct a costing study of DS services, as the next phase of the reform initiative. KPMG have met with sector representatives, and conducted information gathering at a small number of pilot agencies. The feedback from the pilot phase is shaping what information will be gathered, and how the final survey will be conducted. It is anticipated that KPMG will be rolling out the full survey over the summer months, and agency participation will be mandatory. The results of this survey will certainly guide the recommendations that will be presented to the Minister regarding the funding model in the future.

NEW FEDERAL LEGISLATION

As we reported in the last edition of Esprit, in June 2021 the Federal Government tabled legislation to create a Canada Disability Benefit program. When the Federal election was called last Fall this legislation died. However, on June 2, 2022, Minister Qualtrough reintroduced the legislation, which if passed, will create a monthly benefit payment for working-age Canadians with disabilities. While there are no details yet regarding amounts, the Minister has stated that the benefit program is being designed to top up existing provincial benefits and not to replace them. We will continue to monitor the progress of this important piece of legislation.

OCAPDD BOARD

The Board received applications this past winter for the recently announced Innovation Fund, and is pleased to announce that the first successful project to receive funding from this Fund, is the Silver Spring Studio. This initiative will be established at the site of the former 'Annex Program' building at Silver Spring Farm. The Studio will have two components to it; an artistic studio and a Farm to Table component. The Innovation Fund will provide the seed money to start the project, with the goal being that in one year's time it will be self-sustaining. New participants to the Studio will all be people with either Passport Funds or fee for service. This will be a great opportunity for the hundreds of people on the DSO waiting list looking for recreation services.

OCAPDD WEBSITE

In an effort to improve our communication with all of the families of the individuals that we support, a 'family access' portal has been established on our website. This portal will have secure access, so please contact Aytar Atakishiyeva (aatakishiyeva@ocapdd.on.ca) to obtain the security access details if you are interested in viewing the material that will be posted there.

GOLF

We are pleased to announce that our Annual Golf Tournament is scheduled to resume this year on June 20th, after a 2-year suspension due to the pandemic. This year will be our 20th tournament and the number of registrations is increasing quickly! We would like to express our appreciation to Jocelyne Parent-Lewis for her creative and energetic efforts to organize these events over the years!

Have a safe and enjoyable summer!

Kathleen Stokely
President

David A. Ferguson
Executive Director



RAPPORT DU PRÉSIDENT ET DU DIRECTEUR EXÉCUTIF

Printemps 2022

COVID-19

Malheureusement, COVID-19 a continué d'avoir un impact sur nos opérations depuis notre dernier article à l'automne. Plus précisément, la variante Omicron est arrivée, ce qui a fait que tous les programmes résidentiels d'Ottawa et de Cornwall ont subi une épidémie au moins une fois au cours des derniers mois. La reprise des services récréatifs et une réduction des exigences en matière d'EPI pour les employés venaient d'être annoncées lors de l'arrivée d'Omicron. Ces changements ont malheureusement été rapidement annulés.

Nous tenons à exprimer une fois de plus la gratitude des familles, de la direction et du conseil d'administration à tous nos employés, qui ont continué à se mobiliser, souvent en faisant des heures supplémentaires, pour maintenir ces programmes en activité afin de garantir que les personnes que nous aidons continuent à recevoir un excellent niveau de soins! MERCI!!!

ONTARIO

Comme vous l'avez probablement appris par la couverture médiatique, le gouvernement de l'Ontario a adopté en avril une loi rendant permanentes l'augmentation salariale temporaire (3 \$/heure) que les employés du secteur DS recevaient depuis 20 mois. C'est évidemment une bonne nouvelle, et bien méritée. Le secteur avait déployé d'importants efforts de sensibilisation pour y parvenir, mais la situation était restée incertaine jusqu'à l'adoption du projet de loi.

Le 2 juin, l'Ontario a tenu des élections provinciales, et les progressistes-conservateurs ont remporté une deuxième majorité. L'un des choix de campagne des PC était d'augmenter les taux du POSPH de 5 % et de lier les augmentations futures à l'inflation. Il s'agit d'une mesure que le secteur défendra certainement pour s'assurer qu'elle soit mise en œuvre.

Comme nous l'avons mentionné dans les éditions précédentes d'Esprit, le printemps dernier, le ministre Smith a annoncé l'initiative de réforme du programme « Journey to Belonging » pour les services aux personnes ayant une déficience intellectuelle en Ontario. Des séances de consultation avec le secteur ont eu lieu à l'automne 2021. En novembre, le MESSC a annoncé que KPMG avait été choisi pour mener une étude sur les coûts des services aux personnes ayant une déficience intellectuelle, dans le cadre de la prochaine phase de l'initiative de réforme. KPMG a rencontré des représentants du secteur et a recueilli des informations dans un petit nombre d'agences pilotes. Le retour d'information de la phase pilote détermine les informations qui seront recueillies et la manière dont l'enquête finale sera menée. Il est prévu que KPMG lance le sondage complet au cours de l'été et que la participation des agences soit obligatoire. Les résultats de cette enquête orienteront certainement les recommandations qui seront présentées au ministre concernant le modèle de financement à l'avenir.

NOUVELLE LÉGISLATION FÉDÉRALE

Comme nous l'avons signalé dans le dernier numéro d'Esprit, le gouvernement fédéral a déposé en juin 2021 un projet de loi visant à créer un programme canadien de prestations d'invalidité. Lorsque les élections fédérales ont été déclenchées l'automne dernier, ce projet de loi est mort au feuillet. Cependant, le 2 juin 2022, le ministre Quiltrough a réintroduit la législation qui, si elle est adoptée, créera une prestation mensuelle pour les Canadiens handicapés en âge de travailler. Bien qu'il n'y ait pas encore de détails concernant les montants, le ministre a déclaré que le programme de prestations

est conçu pour compléter les prestations provinciales existantes, et non pour les remplacer. Nous continuerons de suivre l'évolution de cet important projet de loi.

CONSEIL D'ADMINISTRATION DU AOCPDI

L'hiver dernier, la Commission a reçu des demandes pour le Fonds d'innovation récemment annoncé, et elle est heureuse d'annoncer que le premier projet à recevoir un financement de ce Fonds est le Silver Spring Studio. Cette initiative sera mise en place sur le site de l'ancien bâtiment du programme annexe de la ferme Silver Spring. Le studio aura deux composantes : un studio artistique et une composante « de la ferme à la table ». Le Fonds d'innovation fournira le capital de départ pour lancer le projet, l'objectif étant qu'il soit autonome d'ici un an. Les nouveaux participants au studio seront toutes des personnes bénéficiant d'un fonds de passeport ou d'un service payant. Ce sera une excellente occasion pour les centaines de personnes inscrites sur la liste d'attente du DSO qui cherchent des services de loisirs.

SITE WEB DU AOCPDI

Dans le but d'améliorer la communication avec les familles des personnes que nous soutenons, un portail d'accès aux familles a été créé sur notre site Web. Ce portail aura un accès sécurisé. Veuillez donc contacter Aytar Atakishiyeva (aatakishiyeva@ocapdd.on.ca) pour obtenir les détails de l'accès sécurisé si vous souhaitez consulter les documents qui y seront affichés.

GOLF

Nous sommes heureux d'annoncer que notre tournoi de golf annuel reprendra cette année le 20 juin, après une suspension de deux ans due à la pandémie. Cette année sera notre 20e tournoi et le nombre d'inscriptions augmente rapidement! Nous tenons à exprimer notre reconnaissance à Jocelyne Parent-Lewis pour ses efforts créatifs et énergiques dans l'organisation de ces événements au fil des ans!

Passez un été agréable et en toute sécurité!

Kathleen Stokely
Président

David A. Ferguson
Directeur exécutif



The Journey from Outbreak through Renovations at Ahearn Residence.

The first week of December brought the harsh reality of COVID 19 to everyone living at and those supporting them at the Ahearn Residence. Team members were working hard, often short staffed, supporting individuals and each other through the anxiety of waiting for Covid results and a frequently changing schedule. We pivoted daily upon receiving positive test results, while supporting the residents and trying to prepare for Christmas. When Ottawa Public Health stated that all staff at Ahearn were required to work/home isolate, making the magic of Christmas come to life seemed impossible. A plea for help was made during one of the



busiest, stressful times of the year.

Some OCAPDD elves ensured that Santa arrived on time and the stockings were bulging on Christmas morning. Special thank you to Sheila Dagenais, Alyssa Comstock, Cinda Gibson, Pegi Newlands and Louis Renaud for donning your theoretical (or perhaps real?) elf hats!



We were thrilled, thankful and appreciative when the cavalry arrived right before Christmas and supported the program into the New Year. The deployment of Lisa Babineau and Dan Roy from day services brought fresh energy and laughter to a program greatly in need

of staffing supports.



As the pressure started to ease from our outbreak at Ahearn, long overdue plans for a very necessary kitchen renovation became the next challenge to staff and residents. Our supported individuals needed to move temporarily to Quinlan Centre while work was being conducted on the house. Careful planning and the wonderful support of Diane Probert, Lisa Lind and Cathy Holmes saw Quinlan transformed into Ahearn East. As often occurs during a planned

renovation, a couple surprises and additions popped up, which made the six weeks of displacement worthwhile. On the 16th of March, the folks supported at Ahearn came home. Their smiling faces as they came in the door will not be forgotten by anyone present. Gerry has lived at Ahearn for more than 30 years. As he uses a wheelchair, he could never enter the kitchen, which like any home is, the hub of activity for everyone there. Now, Gerry is free to join everyone because he can get through the new door (see pic □)

The inclusive, functional design has changed the kitchen from a tiny inaccessible space disconnected from those who live at Ahearn to an open shared space where practical meets fun.

A huge shout out of appreciation to the entire A(hearn) Team and their abilities to adjust, give, support and care through it all. Nothing over the last two years has been predictable, but together we get through.



By Christine Connolly, Supervisor at Ahearn Residence

Sugarblush Season by Arc recreational centre.

Best thing about March? Sugarbush season!

ARC organized a private tour at Proulx Farm in Cumberland, and were joined by friends from Crosswinds, Conservatory, and Forest Gate programs.

A great time was had by all as we went for a wagon ride, learned how maple syrup is made, visited farm animals, and enjoyed a delicious meal and maple taffy on snow.



By Jessica Eva

HAPPY ST. PATRICK'S DAY

ST. STEPHEN: St. Stephen's celebrated St. Patrick's Day with the whole group wearing green. Thanks to our creative Recreation Staff, everyone made their own St. Patty's Day shirt, as well as amazing "pot of gold" artwork. Our Algonquin student helped plan a fun day of playing games, singing and dancing



to Irish music, as well as eating green themed food. Everyone really enjoyed

the snacks, after all what is a party without fun themed food?!? Green jello with whip cream, a unique rainbow candy treat bag, and of course green beer!!! CHEERS from the entire gang at St. Stephen's and remember....



"NEVER IRON A FOUR LEAF CLOVER; YOU DON'T WANT TO PRESS YOUR LUCK"



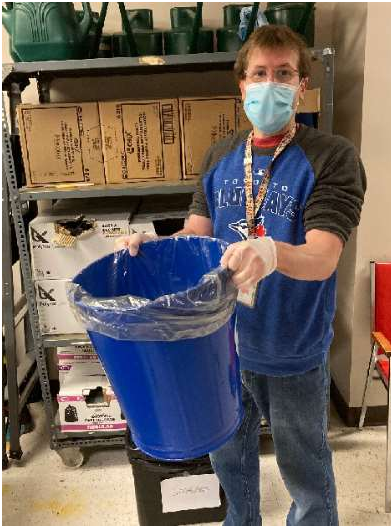
By Tracey Purvis, Supervisor at St. Stephen's Residence.

FOREST GATE:



By Colin Morozuk,
Forest Gate

Working During a Pandemic at Plant Maintenance and Recycling



March 13th of 2020, we received word that all employees in Tunney's Pasture would not be returning to the buildings for at least three weeks. Within a few days, most of our work force were also notified that they should stay home. By March 19th, we had no crew.

Tunney's Pasture was a ghost town. The trains and buses were empty. There were no more cafeterias or coffee shops. No more hustle and bustle of people in the halls. Cubicles were abandoned with half full coffee cups, shoes and sweaters left behind. It was eerie and creepy and strangely sad.

Two staff remained as essential workers to maintain all of the tropical plants and the recycling. We were now part of a skeleton group of cleaners, commissionaires, maintenance workers and a few dozen departmental employees facing daily bombardments of changing warnings, protocols and security measures. It was a

stressful time.

At the beginning of August 2020, we brought back a small team of crew members who were not only willing to return on a part time basis but who we also considered could manage the stresses of working under these new and strange circumstances. The following are some of their thoughts on what it was like to come back after such a long absence, during a pandemic.

Ryan: I was worried about coming back to work on the train and bus. There were a lot of new rules I had to follow including wearing a mask. When I got to work, I had to sign in and sometimes there were long line ups. Our office had changed. We were not allowed to hang out with the other workers like we used to before work. There were a lot of rules but I knew it was to keep us safe.

Tim: I was nervous about coming back. I didn't feel safe enough to take a bus. I still get rides from work to home. There were so many new rules. I had to learn about wearing masks and gloves, new ways to do recycling, and how to lift the recycling so that it didn't touch my clothes. It made me nervous picking up other people's recycling during a pandemic. I also have another building where I look after the plants. They had their own different rules there as well.

Tracy: I found it weird to have to wear a mask all the time. There were a lot of new rules to learn. It was strange being on so many empty floors when I was watering the plants. Some of the plants died as they were locked in rooms that we couldn't get to. Not all my friends were able to come back to work, I miss them.

The confidence of these workers has grown tremendously since that first shift back in August 2020. The work at Plant maintenance and Recycling may not be easy, but we have some very committed hard working people here to get it done.



Tracy

Ryan

By Tracey Brown, Supervisor at EmployAbility.

FRIENDS IN SPORTFISHING

Volunteer Members Needed

Friends in Sportfishing is a charity dedicated to providing free therapeutic boating and fishing experiences for groups and individuals in need of an opportunity to get out and experience the outdoors, enjoy some time on the water and maybe even catch a fish. Our Motto is "Catch a Smile!"

We have been able to support many of the individuals living in OCAPDD programs over the past several years. We are completely volunteer run and we are looking for new volunteers to operate trips for us. On our trips we have boat Captains and Mates. Captains are responsible for the operation of the boats, and Mates help out with duties like untying the lines on departure, keeping an eye out for other boat traffic, swimmers and any water hazards.



We require our Captains and Mates to hold a pleasure craft operators card and have a police check for work with the vulnerable sector. A pleasure craft Operators card can be obtained online at a number of sites, such as:

<https://www.boaterexam.com/canada/>

<https://www.boatsmartexam.com/ca/>

<https://www.boat-ed.com/canada/ontario/>

We can provide a letter to the Ottawa Police Service for those seeking a police records check for the vulnerable sector.

We operate from Monday to Friday at 3 locations around Ottawa from the beginning of June through the end of August. A typical trip will take about 4 hours.

Our boat crew volunteers begin as Mates and when comfortable enough with the operation of the boat we can qualify them as Captains. We are more than happy to provide on the job training to make new members comfortable with the operation of the boats.

We require our volunteers to be members of our organization to ensure they are covered by our insurance. The membership rate is \$5/year. We collect dues every 5 years and new members pay a prorated fee based on when they become a member. That rate for 2022 is \$15 and is good for the next 3 years.

If you are interested, please fill out the Membership application form at:

<https://www.friendsinfishing.net/our-volunteers>

Our Web Site can be found at:

<https://www.friendsinfishing.net/home>

If you have any questions, please get in touch by email at: phomulos@gmail.com.

AMIS DE LA PÊCHE SPORTIVE

Membres bénévoles recherchés

Friends in Sportfishing est un organisme de bienfaisance qui se consacre à l'organisation d'expériences gratuites de navigation et de pêche thérapeutiques pour des groupes et des personnes qui ont besoin de sortir et de découvrir le plein air, de passer du temps sur l'eau et peut-être même d'attraper un poisson. Notre devise est "Catch a Smile" (attraper un sourire).

Au cours des dernières années, nous avons été en mesure de soutenir de nombreuses personnes vivant dans les programmes de l'OCAPDD. Nous sommes entièrement gérés par des bénévoles et nous sommes à la recherche de nouveaux bénévoles pour organiser nos excursions. Lors de nos excursions, nous avons des capitaines et des seconds. Les capitaines sont responsables de la conduite des bateaux, tandis que les seconds aident à délier les lignes au départ, à surveiller les autres bateaux, les nageurs et les dangers de l'eau.

Nous exigeons de nos capitaines et de nos seconds qu'ils soient titulaires d'une carte de conducteur de bateau de plaisance et qu'ils aient subi un contrôle de police pour travailler avec le secteur vulnérable. La carte de conducteur de bateau de plaisance peut être obtenue en ligne sur un certain nombre de sites, comme par exemple:

<https://www.boaterexam.com/canada/>

<https://www.boatsmartexam.com/ca/>

<https://www.boat-ed.com/canada/ontario/>

Nous pouvons fournir une lettre au Service de police d'Ottawa pour ceux qui souhaitent obtenir une vérification du casier judiciaire pour le secteur vulnérable.

Nous opérons du lundi au vendredi à 3 endroits autour d'Ottawa du début juin à la fin août. Un voyage typique dure environ 4 heures.

Nos bénévoles de l'équipage du bateau commencent en tant que compagnons et lorsqu'ils sont suffisamment à l'aise avec le fonctionnement du bateau, nous pouvons les qualifier en tant que capitaines. Nous sommes plus qu'heureux de fournir une formation sur le tas pour que les nouveaux membres soient à l'aise avec le fonctionnement des bateaux.

Nous exigeons de nos bénévoles qu'ils soient membres de notre organisation afin qu'ils soient couverts par notre assurance. Le tarif d'adhésion est de 5 \$/an. Nous collectons les cotisations tous les 5 ans et les nouveaux membres paient un tarif proportionnel en fonction de la date à laquelle ils deviennent membres. Le tarif pour 2022 est de 15 \$ et est valable pour les 3 prochaines années.



Si vous êtes intéressé, veuillez remplir le formulaire de demande d'adhésion à l'adresse suivante :

<https://www.friendsinfishing.net/our-volunteers>

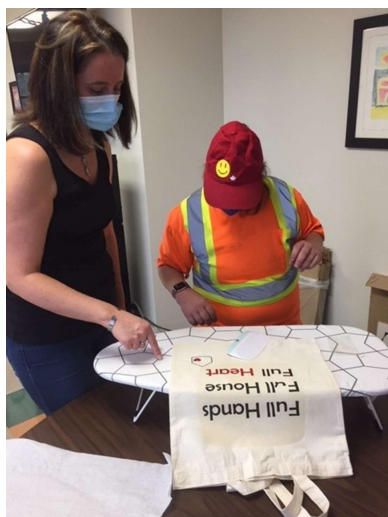
Notre site Web se trouve à l'adresse suivante:

<https://www.friendsinfishing.net/home>

Si vous avez des questions, veuillez nous contacter par e-mail à l'adresse suivante :
Phomulos@gmail.com.

HOMESHARE

With the approach of spring, despite the ongoing Covid presence, Homeshare continues to be a dynamic program. To show our appreciation to our Homeshare providers during the Christmas season, each family was given a tote bag filled with treats including our tailored Homeshare calendar. The bags were designed and were created by Kelly Wilson and Cheryl Miner and, as you can see from the photos, the gifts were received with enthusiasm. Horseback riding at Happy Trails Stables commenced for one of our sharers, and she is thrilled to have this opportunity. With this, we have two individuals from Homeshare who are able to enjoy the tranquility of the horses.



Despite the Covid challenges, our program welcomed one additional provider and one sharer since the last edition of Esprit, and we have another Homeshare provider ready to go once we find a match.

A reminder that we are always looking for families or individuals who would like to join our program and become Homeshare providers. Feel free to contact Roxanne Gilbert, Supervisor, at 613 569 8993, ext. 560 or by e mail at rgilbert@ocapdd.on.ca for more information.

By Homeshare team.



SHOP ONLINE WWW.HEARTYTAILS.CA

Share the love

Show your dog how much you care with our all-natural gourmet treats while making a difference in your community!

Make a difference in your community!

Every purchase helps create opportunities for people with developmental disabilities to build confidence and feel valued through employment that celebrates their own unique strengths.

Check us out on Facebook.





Congratulations Theo!
 Theo received his annual Profit Sharing Award in June 2021. He was presented it by Ray, Owner Canadian Tire, Coventry Rd. Theo became directly employed by Canadian Tire January 2019, and as such, is entitled to annual profit sharing. This picture is of Dominique, supervisor, Theo and Ray. Theo has been working at Canadian Tire 32 years and is a valuable member of the team.

Hyatt Place Ottawa West is our newest employer at EmployAbility. They hired Peter in October 2021 and have been very supportive. Peter Hamilton is shown here with his co-workers, at a staff appreciation event on April 12, 2022. Peter also received a Certificate of Appreciation for all his hard work.



Wow, what a nice surprise!
 Winners recognised Kelly-Anne's 25 years of service on Wednesday, September 22, 2021. She was greeted with flowers, a card and a gift card. This truly made her day!

❧ In Memoriam ❧

Kevin Devine

(March 26, 1957 – June 3, 2022)

It is with sadness that I have to regretfully announce the passing of Kevin Devine. He passed away at the Ottawa General Hospital on Friday afternoon surrounded by family.

Kevin was a dedicated and hardworking individual who was remembered to be thoughtful and kind and always looked out for his friends it had worked at Plant Maintenance – Tunney's Pasture since 1988. Kevin loved to spend time with his sister and her family and enjoyed going to their cottage and condo in Florida.

He will be missed by all who had the privilege of knowing him. Arrangements for a memorial service will be shared at a later date.

By William Norieau, CSS.



Bernard Racine

(November 5, 1931 – February 18, 2022)

It is with great regret that I am informing you that Bernard passed away on February 18.

Bernard has been a volunteer at the CTC Day Program for close to 20 years.

He started to help us at our community garden.

The relationship grew to him raising money for the center. He then started to help in the organization of activities like family bar-b-q, corn roast, Christmas meal with gift for all, Easter and others. He had most of his family volunteering for the parties. Just this Holiday season, he raised funds for the program to purchase bicycles. We are going to have a cycling club.



COVID 19 was difficult for Bernard because he could not see the people at the center. Individuals at CTC loved to see Bernard and talk with him. If he was there, it was a celebration including good food. Bernard, you are missed by all.

By Roxanne Gilbert, CTC

Gladys Whincup
(May 31, 1951-March 31, 2021)

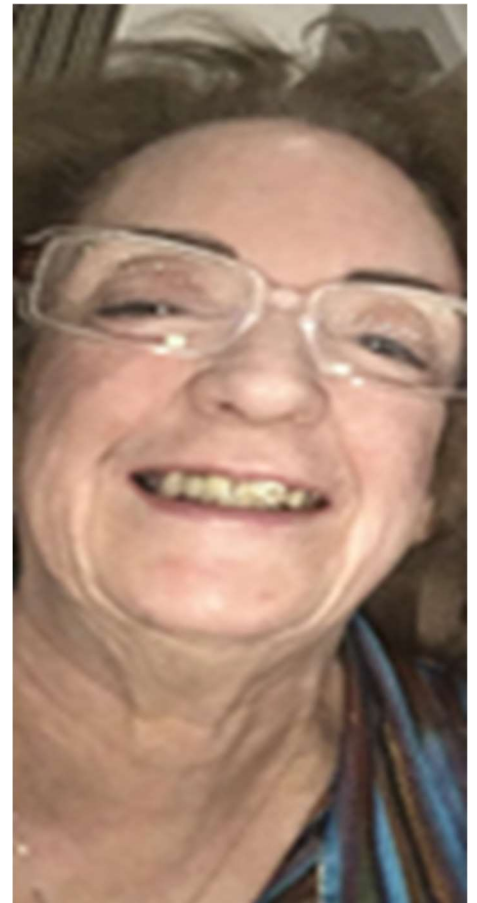
Gladys passed away this past March 31 unexpectedly. Gladys was an icon for OCAPDD's Archives program and consecutive PODD program in Tunney's Pasture.

Gladys was a strong and vibrant woman who worked hard every day of her lengthy career. She loved her job, and it was one of the most important things in her life. She said so on almost a daily basis. Gladys fought each time our program was on the verge of shutdown. She wanted to arrange protests at Parliament Hill and contact ministers and government officials and newspapers and television reporters. She told them all in no uncertain terms that it wasn't fair to shut down their program that they worked harder than anyone else would.

Gladys fought for fair treatment and she won. For everyone.

Gladys had a heart filled with kindness and would tell us every day about the tricks her dog Angel would do, how Angel would dance when Gladys came home on Para. Gladys would make jokes about how Angel wanted to come to work but couldn't as she didn't have a security clearance.

Gladys treated everyone with kindness, she helped us to teach new skills and she supervised newcomers until they learned the ropes. Gladys is sorely missed by all of us that knew her so well. May she rest in peace and know the gift she has bestowed on the world.



By Elizabeth Stroh, CSS.



OCAPDD'S Garlic Scapes at Silver Spring Farm



**Available in mid-June,
garlic scapes are the flower stalk of the garlic.
With mild garlic flavor and aroma, they are wonderful
additions to stew, roasts, marinade, salads, sandwiches,
sauces, pasta, stir-fry, pesto, roasted or even steamed.
The possibilities are endless!**

**Scapes goes on sale in June
Garlic goes on sale in August
Call our Hotline for more info at:
613-569-8993 x 409**

**Looking to volunteer?
We are always in need of helping hands to weed, harvest, and
clean garlic during the summer.**



Call 613-569-8993 x 243