



# Esprit Newsletter

Fall / Winter Edition 2013

*Ottawa-Carleton Association for Persons with Developmental Disabilities (OCAPDD) – Open Hands*

*Association d'Ottawa-Carleton pour personnes ayant une déficience intellectuelle (AOCPI) – Mains Ouvertes*

## Thank You Mrs. Holmes!

A celebration was held at Rosenthal in early January to celebrate the retirement of Mrs Holmes from the Rosenthal Steering Committee. Mrs Holmes dedicated many years to fundraising at Rosenthal.



David Ferguson presented her with a plaque thanking her for her hard work, and the Board of Directors awarded her with an Honourary Lifetime Membership.

Of course no party is a party without cake.

Mrs Holmes was also presented with a clock crafted by the woodworking group.

Thank you Mrs Holmes.  
by Julie Leonard  
Rosenthal Supervisor

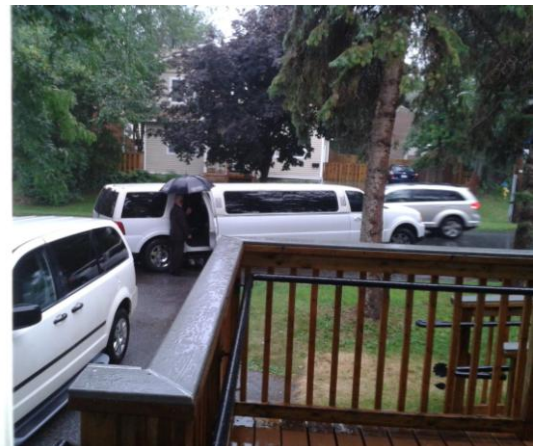


## Happy 70<sup>th</sup> Birthday Roy!



Roy Nestor of our Ahearn Residence celebrated his 70<sup>th</sup> birthday this summer.

Roy and his friends had a wonderful birthday gathering including transportation by limo!!!



# BOO!

Ratan and Oakdean programs challenged each other to create the perfect Halloween “trick or treat” setting in their respective neighbourhoods. Louis Renaud and I were called upon to experience these ghoulish presentations.

The feeling we experienced at Oakdean Residence (right) when we cautiously approached the house was that lurking spirits and ghosts were haunting this residence as we were greeted by a grave at the entrance containing severed limbs and rodents at the door.

At Ratan Residence (below) we experienced a sense of immediate threat or danger with the gruesome plastic wrapped cadavers and a bloodied head along with gravestones complete with sound effects.



Louis and I were truly impressed by both presentations. And the winner is? How to choose just one... the efforts by staff and individuals of these two homes made East and West Ottawa a truly frightening place to be on “All Hallows Eve”.

We declared both programs equally ghoulish! Congrats to both programs for the wonderful spirit and effort put forward. Louis and I thank you for inviting us to be scared.

Beaudry Residence (below) in Overbrook/Vanier was crowned with a Horror Movie quality set on Halloween as a result of their efforts. Well done in representing your neighbourhood. Your creativity and enthusiasm are well represented in your decorations!

by Richard Le Blanc  
Director of Supports & Services



## **OCAPDD / Open Hands (OH) Satisfaction Survey**

In the spring of 2013, a satisfaction survey was sent to family members of the people we support.

This was the second family survey; the first was in 2010. Below is a brief summary of the results.

<b>General Statistics Related to the Survey to Families</b>	<b>2013</b>	<b>2010</b>
Total Mailed out to Families	530	587
Total Completed	132	194
Percentage Returned	25%	29%
Surveys with Comments	76	95

### **Areas to Celebrate**

7 questions had over a 95% positive response:

1. OCAPDD provides quality services and supports.
2. You would recommend OCAPDD to other families.
3. They appear to be satisfied with services and supports they are receiving.
4. The people that provide the support are accessible to you.
5. You are satisfied with the professionalism of the people that support your family member.
6. You are satisfied with the compassion and respect being given.
7. You are comfortable in communicating with the people that provide support.



### **Areas to Work On**

6 questions that had the highest rate of negative responses:

1. 23% are not well informed of services.
2. 19% are not satisfied with the level of community involvement.
3. 19% do not have regular contact with people who provide service.
4. 18% are not receiving information in a timely fashion.
5. 17% are not satisfied of decision making their family member has about their services.
6. 17% do not have input into choice of goals.

### **Outcomes**

1. Results were presented at the AGM last September.
2. A copy of the Complaint Resolution Mechanism is included in this Esprit Newsletter.
3. A family meeting to discuss items such as: core values, ISSP changes, confidentiality, complaints, etc. will be held in the new year.
4. All programs have received the survey results and will be working on action plans.
5. The next survey will be sent out by email and by mail with the hopes of increasing the number of respondents.

For more information, please contact:  
Judy Bernstein, Director of Supports and Services

## My Life - My Plan

When I graduated from The Mental Retardation Counsellor (MRC) Program at Algonquin College in 1982, I felt well prepared to 'take care' of individuals who required these services, and to keep them safe from harm and failure. Fast forward a few decades, where my responsibility has evolved into that of an advocate for individuals I support. My role is now to seek and offer options and possible outcomes to issues which arise, and then (and this is scary and a challenge for me sometimes) to teach that they have freedom of choice to live their lives in a way that has meaning to them.

Just as this evolution has been, and will continue to be a process for myself and others who've chosen to work in this profession, it is also a process for the people supported by our agency.

Welcome to **My Life - My Plan**, a program developed by Jill Faber of HSA (Helen Sanderson Associates) with Yvonne Spicer and Theresa Somerton, self-advocates. People working and supported by OCAPDD and Open Hands in Cornwall, have met and have been trained by these women to lead **My Life - My Plan** workshops to small groups of other people working for and people supported by OCAPDD, Open Hands (and occasionally people supported by other agencies in the Ottawa area). People attending these workshops are encouraged to re-think their roles in the yearly **Individual Support Service Plan (ISSP)**; for employees, this means giving up control of directing a person's life in ways they think is best (which is what I was taught to do, back in 1982, when Columbus sailed the ocean blue) and instead encouraging people to be co-pilots or pilots of their own lives, to use their own voices (and self-expression) to work towards goals which empower them to live a life which has meaning to them. Simple, but not always easy, for everyone involved and for the most part, this is because no one wants anything bad to happen to a loved one.

Brené Brown, research professor at the University of Houston Graduate College of Social Work, has observed that "there is no innovation and creativity (in one's life) without failure"; or, as Theresa Somerton, Board Representative at the Provincial Level with Community Living Ontario, asked at this week's meeting: "How many parents and staff are afraid to let the blanket go?" (Me at times!). "I'm not here to take over but to encourage people to find their own voices." Yvonne Spicer sits as Council Representative for All Self-Advocate Groups with Community Living Ontario, and has captured the attention of workshop participants with her stories of struggle and success to achieve goals of meaning to her, including obtaining a driver's license, and living in her own apartment.



Louise Galloway, Denis Vanderydt, Robert Concordia, Christine Robertson and Amanda Nadon.



**The Self-Advocacy Group**

Christine Robertson, Louise Galloway, Yvonne Spicer, Amanda Nadon, Robert Concordia, Theresa Somerton and David Lawrence.

In the coming year, the concepts, rights and responsibilities associated with **My Life - My Plan** will be presented by our Team of Trainers, including:

**Christine Robertson** "It's fun and it takes me away from my other job."

**Louise Galloway** "It helps me to think about it when I'm out for the day and have choices to make."

**Amanda Nadon** (of Open Hands, Cornwall, ON) "More training is needed for staff and managers because it's not working; they're not listening."

**Robert Concordia** "I like learning something new because we've never done anything like this before, and I like training other people how to use it."

**Jennifer Rodgers** "What I have enjoyed is seeing the trainers gaining confidence and knowledge. They are always so eager to want to meet and are so looking forward to getting it going. They take pride in their work and you can see their self-esteem building through being part of this training."

**Denis Vanderydt** "Judy (Bernstein) asked me to be a Trainer, and I love it!"

**Rhea Jemott** (Unfortunately Rhea had no voice and very sore throat at this week's meeting...get well soon, Rhea!)

**Leanne McCallum** "It's fun and it takes me away from my other job. Just kidding, Dave (Nowlan). Honest!"

People supported by OCAPDD, with the guidance of both Yvonne and Theresa, have begun the process of creating a Self-Advocacy Group. If you are interested in joining this group, please contact Hope Lalonde at 613-569-8993 extension 221. Yvonne and Theresa will be invited back sometime in January or February 2014. We will be sure to contact anyone interested at that time.

by Leanne McCallum

## HO! HO! HO!

It's that time of the year!!!!!!!

Need some help wrapping those special gifts?

We have 2 locations to serve you! As in previous years, OCAPDD is wrapping gifts at the community booth at Carlingwood Mall and St-Laurent Shopping Center. More than 300 volunteers are helping to wrap gifts to raise funds for the Association.



The kick-off of our 2013 Gift Wrap campaign is starting on Monday, December 2<sup>nd</sup> at Carlingwood Mall and on Tuesday, December 3<sup>rd</sup> at St. Laurent Shopping Centre and will be going until 5 p.m. on Christmas Eve.

Come out and let us give you a hand with your Christmas gifts!

## **“OUR AMAZING VOLUNTEERS”**

Silver Spring Farm has been blessed to have amazing groups of volunteers from Christ Church in Bells Corners.

The seasons start with the on-going “Clean-up and maintenance” of the gardens surrounding Charette and Campbell. Many volunteers put in countless hours to bring our gardens “Alive.” So many come throughout the spring to plant annuals to accent the perennials that were put in last summer. Then they spend the summer keeping the weeds at bay. It was wonderful for the ladies and gentlemen in these two homes to be able to go out and have a BBQ in the surrounding gardens. Not only did our residents and staff enjoy the gardens but many families would take their family members out there to sit when they came to visit.

The Youth group does an annual raking of our leaves as part of the fall clean-up. It is always an energizing time to have them.

Throughout the year the homes receive cakes, cookies and sandwiches from various groups within Christ Church. Toiletry items are also donated throughout the year to help us out.

Shirley Smith is helping individuals to save money for “fun” activities by sewing for the guys at Charette House. They never have to wait very long for a new item they received to be hemmed. Shirley ensures the items are repaired immediately as she understands waiting can be hard when you’re really looking forward to putting that new jacket on!

Christ Church prepares annual Christmas stockings for all three homes. Everyone always enjoys going through their stockings each year and it brings extra joy to an already exciting Christmas morning.

A HUGE thank-you to Victoria Andrews as our liaison for all these volunteers. Without her hard work, all these wonderful things may never have happened!



Thank you to all of those who volunteered and continue to volunteer to allow our residents, staff and visitors to enjoy the homes they live in and visit!

A very Merry Christmas to all!

by Joanne Bennett  
Charette House Supervisor



## **Best Buddies Fundraiser**

This beautiful drawing was done by Mark Fitzgerald in OCAPDD’s Community Support Services (CSS) Program. Mark drew this picture as a fundraiser for the Best Buddies Program. This drawing has been made into a beautiful note card that you can purchase.

Cost is \$4 per card or 3 for \$10. All proceeds go to the University of Ottawa Best Buddies Chapter. If you would like to purchase, please contact Debbie Blasutti at [dblasutti@ocapdd.on.ca](mailto:dblasutti@ocapdd.on.ca) or 613-569-8993 extension 243.

## HOMESHARE PROGRAM'S HARVEST DINNER CELEBRATION

We are very pleased to have celebrated our 6<sup>th</sup> Annual Harvest Dinner to recognize and honour our Homeshare Providers and their families for the tremendous care that is provided to our Homesharers.



Lia and Michel

In attendance that evening in September we had a range of years of service from Homeshare Providers who have offered service and support for the past 22 years to new Homeshare Providers of 4 months.

We enjoyed a wonderful Italian meal in buffet style that was once again provided by Chef Carmen Mariani, his wife and granddaughter.

Our Executive Director, David Ferguson, made a speech in recognition of the event and thanked all those in attendance.

We were very fortunate to once again have musical entertainment provided by two of our Directors of Supports and Services, Richard Le Blanc and Louis Renaud. Along with their great guitar playing, these two talented Directors incorporated some harmonica and a blues tune for our listening pleasure.



Richard and Louis



Alex, April, Terry and Denis.

The Harvest Dinner is one of our ways of thanking our Homeshare Providers along with their families for all the hard work that they do in supporting and making our Program a strong and viable option for the individuals that reside with them. Thereby, allowing individuals into their lives, to learn new skills, to grow and be included in the community.

Continuing with the tradition, roses were handed out at the end of the evening.

Once again thank you to all of our Homeshare Providers for all that you do and see you next fall for another Harvest Dinner.

by Tom Gillespie  
Supervisor Homeshare Program

## *∞ In Memoriam ∞*

**Clarence “Clem” Hamelin** (March 9, 1925 - May 7, 2013)



Clarence was a wonderful, cheerful person full of life. He loved people. He loved talking to people and enjoyed being the centre of attention. He had a great sense of humour and was very funny and fun to talk to. Clarence loved teasing people and took a lot of pleasure doing that. It was always fun to be around Clarence talking to him and laughing with him. Clarence could talk about hockey forever as it was one of his passions. He would go to hockey games and make noises to show his support. His passing has affected all of us at Forest Gate as it will not be the same without him. He will be greatly missed.

by Linda Estigene and Judith Imbeault

**Barbara Charleson** (February 12, 1936 - May 28, 2013)

Although Barb spent a lot of years at Crosswinds, the last 2 were here at Oakdean. Barb became everyone's Queen, as I knew she would. I'd known and worked with Barb for 10 plus years and she truly was a one of a kind. She was funny, stubborn, head strong, kind and giving. She had a heart of gold. It's only been 6 months since she left us but it feels like yesterday. We miss her dearly and will for a long time. As Barb would say on a rainy day "It's a good day for the quack quacks."

by Linda Ralph



**June Ann Thero** (June 5, 1942 - June 22, 2013)



It is with great sadness that Crosswinds announces the passing of June Ann Thero. June Ann received support from Community Support Services (CSS) and Forest Gate Residence before moving to the Crosswinds Apartment Program in January, 2007. June Ann lived at Crosswinds until her transfer to the Total Communication Environment (TCE) Senior's Program in April 2012.

June Ann had a wonderful sense of humour and was always ready with a joke or limerick to share with her "chums". She played piano and organ beautifully. June Ann's charm was legendary and she could get a last minute booking from Para Transpo better than the most seasoned staff member.

June Ann was active in her community, regularly attending church, the Good Companions Centre (where she was always up for a game of bingo), and Aktion Club.

June Ann is sadly missed by all those who had the privilege of knowing and working with her.

by Lynne Williamson



## *∞ In Memoriam ∞*

**Suzie (Suzanne) Cole** (September 24, 1946 - October 30, 2013)



Suzie Cole loved looking at magazines and playing with string. She enjoyed musicals, concerts, variety shows, Aktion Club, Loeb dances and cheering at the 67's hockey games. Suzie loved Elvis Presley music and movies. She was a fan of the older genre of music. Suzie loved spending time with animals.

There was nothing half way about Suzie – you always knew where you stood with her. She is remembered as a good teacher who showed how she felt. Suzie was appreciative and forgiving. She will be missed by those who knew her, in particular housemates, caregivers and her siblings who were very dear to her. Suzie often said “eh m” which in French is the word “aime” which means love. Truly love is a word to live and remember her by.

by Raymond Clairmont

**Mary Rooney** (April 20, 1958 - November 12, 2013)

Mary Rooney will always be remembered for her tenacious spirit. Those of us who knew Mary could always count on her to speak her mind. For CSS staff Mary's laugh always brought joy. We knew her likes and dislikes beyond a shadow of a doubt. If Mary could now review her life for us, we are sure that she would say her greatest accomplishment was living independently in her very own apartment where she felt free. We are saddened by Mary's passing and extend our condolences to the Rooney family, her steadfast anchor.



by Marion Kennedy with contributions from Frances Bloom

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*Every day in some way  
We miss you more than words can say.  
In our hearts you will always stay  
Loved and remembered every day.*



## Silver Spring Farm Garlic Project Update

The garlic harvest for 2013 turned out to be a banner year with record revenues. The bulbs in general were bigger and whiter than past years which resulted in increased revenue.

One might ask why the crop was better this year but this was not the case with many growers. There were several factors in play. There was lots of rain this year and we had to use the soaker hose irrigation system very little. I expect the crop was whiter because we did not use much well water which could be the cause of the discolouration in other years. Because we plant our garlic on raised hills too much moisture was not an issue.



Mel Jones, Jack Fraser and Bernie Murphy.

This year we also fallowed the field when not in use, which resulted in fewer weeds. For the 2013 crop, we covered the garlic with straw for the winter and rather than removing the straw in the spring we let the garlic grow through the straw. The straw was a great mulch to hold the moisture in but also held back many of the weeds. The garlic had lots of moisture plus it did not have to compete with the weeds for moisture or nutrients.



The reduced problems with weeds meant we were able to greatly reduce the amount of labour used on this activity. It was only necessary to weed the field twice instead of the normal 4 to 5 times. The project is becoming more and more a committee project with a number of new groups sharing the work load. Although the members of the Church of Jesus Christ of Latter Day Saints are still the largest contributor to the work others have come in to reduce the load. Groups like GenBand, TD/MBNA, Algonquin College, Health Canada and Sir Guy Carleton High School made a major contribution this year as did many community volunteers. For the first time, in the 18 years of this

project, the crop was planted this fall by non LDS church members. This is a good sign the project is truly becoming a community project with the many groups ensuring the work gets done and the hope the project will continue for many years to come.

The crop of 2013 was a banner crop but plans are to have 2014 crop bigger and better. With good weather and the help of many this will come to pass.

by Mel Jones  
Chairperson  
Silver Spring Farm Garlic Project

# Thank You!



# **President & Executive Director's Report**

## **ONTARIO**

Since the last Esprit in the spring, Christine Elliott was able to table a Private Members Bill to create a Select Committee on Developmental Services. This Bill was passed with support from all 3 parties, and while the Committee was originally anticipated to begin its work in the summer it did not get established until early October. The mandate of the Committee; its membership; and, a schedule for its meetings (and locations as they will travel to different communities in the province) can be reviewed at: [http://www.ontla.on.ca/web/committee-proceedings/committees\\_detail.do?locale=en&detailPage=business&ID=7850](http://www.ontla.on.ca/web/committee-proceedings/committees_detail.do?locale=en&detailPage=business&ID=7850)

We encourage you to attempt to participate in this process.

In the Spring Ontario Budget, a 1% increase to ODSP was approved. This increase began to flow as of September. Within the Ministry, a new Assistant Deputy Minister position was created that will be solely responsible for Social Assistance and implementing recommendations coming out of the report regarding the reform of Social Assistance in Ontario made by Commissioners the Hon. Frances Lankin and Dr. Munir Sheikh released last October.

## **OMBUDSMAN**

As we have reported on previously, Ontario's Ombudsman conducted an investigation into the DS sector earlier this year. The investigation phase is now complete, and a Final Report is being prepared. It is anticipated that this will be released in early 2014.

## **OCAPDD SURVEY**

We were pleased with the results of the most recent survey conducted by Management. As you will recall, this was the second survey with families of the individuals we support. The results were again overwhelmingly positive, and were presented at the AGM in September. Information from the results is also included in this copy of Esprit for your review.

## **OCAPDD BOARD**

At this year's AGM the Board expressed its appreciation to both Rob Kirwan and Frank Arecchi who had reached their maximum term on the Board of 8 years and retired. The membership elected Mike Appleton, Terry Mooney and Norma Lamont to the Board, along with re-electing Bill Cowie and David Keay to another 2-year term.

The Board has just been through its strategic planning exercise and is looking first, to continue work on building consensus and coalitions to advocate for national or federal government support for the disabled including researching information from other jurisdictions. We were fortunate to obtain a Federal Summer Student Grant and hired Jessica McCuaig to work with the Board Committee on this project. Other than this, the Board will also continue to advocate on the seniors issue and other relevant topics facing the organization and sector.

## **INFRASTRUCTURE FUNDS**

OCAPDD / Open Hands received Infrastructure Funding from MCSS recently for several projects. Funds were targeted to repair the entrances at the Rosenthal Program; the Loeb Program is having new accessible washrooms being built as well as a new roof, along with repairs to the skylights; and, the Sydney Street Program at Open Hands is having a major renovation. We are very appreciative of this funding and the improvements that will be made to these programs as a result.

## **FAREWELL TO DANIC**

Recently, after extensive research, Management selected a new client information management database system. 'ETO' (Efforts to Outcomes) was implemented at Open Hands over the past year, as they had no electronic database for client records. It was the intention of ETO being introduced later at OCAPDD to replace Danic. Extensive training sessions were conducted recently by Cheryl Lapointe and Joe Geneau in order to train all of our employees on the new system, and they are to be thanked for their work on this. All feedback has been positive, and the new system will be live in November. While Danic was the best selection available to us when it was purchased in 1999, we have long recognized that it was not a 'user friendly' program.

## **CHRISTMAS GIFT WRAP**

As always at this time of year, we would like to encourage you to join us by either volunteering at one of our Gift Wrap booths, or coming by to have your presents wrapped by us. As we have for several years, there will be a booth at both the Carlingwood and St. Laurent Shopping Centres.

Happy Holidays! Joyeuses fêtes!

Bill Cowie  
President

David A. Ferguson  
Executive Director

## **Select Committee on Developmental Services Comité spécial sur les services aux personnes ayant une déficience intellectuelle**

The Select Committee on Developmental Services will meet to consider the urgent need for a comprehensive developmental services strategy to address the needs of children, youth and adults in Ontario with an intellectual disability or who are dually diagnosed with an intellectual disability and a mental illness, and to coordinate the delivery of developmental programs and services across many provincial ministries in addition to the Ministry of Community and Social Services.

The Committee intends to hold public hearings. Interested people who wish to be considered to make an oral presentation to the Committee should contact the Clerk of the Committee.

Those who do not wish to make an oral presentation but wish to comment may send written submissions to the Clerk of the Committee at the address below.

Le Comité spécial sur les services aux personnes ayant une déficience intellectuelle doit siéger pour examiner le besoin urgent d'élaborer une stratégie globale de services aux personnes ayant une déficience intellectuelle en vue de répondre aux besoins des enfants, des jeunes et des adultes en Ontario qui ont une déficience intellectuelle ou qui ont reçu un diagnostic double de déficience intellectuelle et de maladie mentale et de coordonner l'exécution de programmes et la prestation de services aux personnes ayant une déficience intellectuelle au sein de nombreux ministères de la province en plus du ministère des Services sociaux et communautaires.

Le comité a l'intention de tenir des séances publiques. Les personnes qui souhaitent que leur demande de rendez-vous pour faire une présentation orale au comité soit prise en considération doivent prendre contact avec le greffier du comité.

Celles qui ne souhaitent pas faire de présentation orale mais qui veulent faire des observations sont invitées à les faire par écrit et à les adresser au greffier du comité à l'adresse ci-dessous.

Laura Albanese, MPP  
Chair / Présidente

Trevor Day  
Clerk / Greffier

Room 1405, Whitney Block / Bureau 1405, édifice Whitney  
Queen's Park, Toronto ON M7A 1A2

E-mail / Courriel: [trevor\\_day@ontla.ola.org](mailto:trevor_day@ontla.ola.org)

Telephone / Téléphone: 416-325-3509 Facsimile / Télécopieur: 416-325-3505

TTY / ATS: 416-325-3538

Collect calls will be accepted. / Nous acceptons les appels à frais virés.

# Sam Ketchup Steven Timothy

There's an English proverb that says, "A cat has nine lives. For three he plays, for three he strays, and for the last three he stays." And so begins the story of a very lucky stray cat.

Nobody knows where he came from, who owned him or for that matter what his name was. He simply arrived, and never left. Sure, he came and went at will, but inevitably, he'd be back strolling like a King into his kingdom. We were given instructions not to feed him and only visit outside because we didn't have a litter box for him. The staff team tried but Rick had found a friend. He shared food, drink and a warm bed. He christened the cat, "Sam Ketchup". Rick never believed we owned Sam Ketchup nor for that matter adopted him. He simply said, "He adopted us".

And how fateful a statement that turned out to be when Sam Ketchup returned one morning badly injured seeking help. Rick found him dazed, confused, bleeding from the nose and dragging his right front leg across the deck. He came in and told me, "the cat nose bleeding". At first, I didn't understand what Rick said. "The cat's nose is what?" "Bleeding!" We rushed outside and there he was, the King of Beaudry, barely able to walk trying to hide under the deck. I told Rick to stay with him while I called Judy. She arrived to find me out stretched on the ground donning a winter coat in May trying to coax him in the direction of an open dog crate positioned near the corner of the deck with treats inside.



We assessed the situation and began in earnest to strategize. How could we get this traumatized animal into the crate and to a vet quickly? We tried everything but he would not come out. In fact, each attempt seemed to push him farther and farther under the deck. Judy soon found a power drill and to remove deck boards to reach Sam Ketchup - with thunderous sounds above his head, it worked. He moved towards me and I was able to reach him. At that point, the cat simply gave up and went into the crate without incident. Judy rushed the cat to the vet while I worked the phone and raised over \$1,000 toward the vet bill. Our staff team had fallen in love with this stranger and by God, we were going to do whatever it took to save him. Sam Ketchup went into surgery with four legs and emerged with three. The injured leg had to be amputated at cost, a significant savings for an animal we didn't own. He stayed with Dr. Mark Cochran of the West Carleton Animal Clinic for a couple of days then returned to Beaudry. Neither resident resisted the care needed. After some recovery time, the cat, Maggie, Rick and staff returned to see Dr. Cochran for a check up. Maggie baked some delicious chocolate "cat faced" cupcakes to thank the Doctor and his team for helping us.

As time progressed though, Maggie decided Sam Ketchup should have a more dignified name while in her apartment. She called him Steven, after her fiancé. Not to be out done, Rick then added yet another name, Timothy. And so it is, Sam Ketchup Steven Timothy or simply, "Cat" is a permanent fixture at Beaudry giving hugs to those that need them. He is, and will always be, as one staff said, "A godsend for our guys". He's listened to Maggie's secrets and helped Rick develop patience. He's caught tears in his fur and kisses on the nose. There's a palatable calm at Beaudry now. Perhaps due in part to a strong staff team or maybe, just maybe, the presence of little stranger on three legs.

by Sheri-Lynne Styles

# OCAPDD'S 13<sup>th</sup> ANNUAL CHARITY GOLF TOURNAMENT

OCAPDD's 13<sup>th</sup> Annual Charity Golf Tournament was again a huge success thanks to all of our sponsors and participants. Over \$12,000 was raised for the individuals of OCAPDD. Please join me in thanking all of our sponsors:

## Gold Sponsors



## Hole-in-one Sponsor

Surgenor National Leasing

## Silver Sponsors

The Co-operators  
Ace of Blades

## Bronze Sponsors

CUPE Local 1521  
Emond Harnden  
KPMG

## Thanks again for your support

*We hope to see you next year at our  
14<sup>th</sup> Annual Charity Golf Tournament  
Monday, June 16, 2014  
at Hautes Plaines Golf Course.*

## VOscars

On September 26<sup>th</sup> the 3rd Annual Volunteer Ottawa VOscar Awards were held. The VOscars celebrates, encourages and honours those who inspire, encourage and advance volunteerism in their community.

Best Buddies Canada and the University of Ottawa Chapter won the "Best Support to Youth" Award for the Ottawa Region.

by Debbie Blasutti  
Coordinator of Volunteers



Katie Day and Jiliane Golyczk, Chapter Co-Chairs for the University of Ottawa and Heather Brown, Regional Manager for Best Buddies.

## OCAPDD HAS BEEN SCORING BIG SMILES!

The Ottawa 67's were excited to welcome their fans back for yet another season full of promise and entertaining hockey!

OCAPDD individuals were among those lucky fans thanks to GradeA who donated season tickets.

Our hockey fans have been enjoying the games since the end of September and will be going until the end of March.

Thank you GradeA!



## FLYING HIGH AT THE AIR MUSEUM



On October 28 a group escaped the construction at the Loeb Centre by going to the Canada Aviation and Space Museum. Not only did they get to see some cool aircrafts they experienced many interactive displays including airplane cockpits that you can actually sit in. The space display was particularly interesting and the museum staff were very helpful and informative.

Suzanne Smith, Edward Stephens, Randy Elmore, Dwayne Sauve, Bill Rafferty, Geoff Buckley, Kevin Lamont and Alex Nenclares.



Dwayne Sauve and Alex Nenclares.

A nice lady from the Fisheries and Oceans Department gave us a talk on the helicopters they use, and gave us some great stickers and pins. The group looks forward to going to other museums.

by Kevin Lamont



Dwayne Sauve