



Esprit Newsletter

Spring / Summer Edition 2012

*Ottawa-Carleton Association for Persons
with Developmental Disabilities (OCAPDD)*

*Association d'Ottawa-Carleton pour personnes
ayant une déficience intellectuelle (AOCPI)*

New Computer Station at the Quinlan Centre

The Quinlan Centre has just completed the installation of a brand new computer station and everyone is excited. Thanks to funding from the OCAPDD Payroll Deduction Funding Program, the Centre received \$2,000 to put towards the purchase of an ACER computer complete with a 23" monitor and touch screen, a Kinderboard keyboard and a specialized "up/down" semi-circle table.

The computer and speakers are built into the monitor and with a wireless keyboard, the setup is virtually wireless. The computer has many exciting applications that will encourage and challenge everyone's imagination through the use of art, music and photography for example.

The Kinderboard was purchased as a second keyboard with oversized colour-coded standard keys. This keyboard will allow individuals to easily identify the letters, but also the consonants, vowels, numbers and punctuation.

The semi-circle table can be raised or lowered and allows small groups of 3 people to sit in front of the computer with equal viewing and interactive opportunities.

This new computer station will enhance the quality of interactive computer activities for everyone.



Jeffery Murray and Stephanie Ambrose proudly show off the new computer station.

Silver Spring Garlic Farm Needs Your Help!

As you all know, the Garlic Project is run entirely by volunteers. Each year volunteers plant between 35,000 to 40,000 garlic bulbs. They are then covered for the winter.



Between the months of April and July, volunteers are needed to weed the rows of garlic weekly so it can grow to its full potential. At the end of July, the garlic is picked and again many volunteers are required to clean, sort and braid to get ready for sale in the first week in August.

If you love gardening and want to learn something new, this project is for you. Please contact Mel Jones by email at meljns2@gmail.com or Debbie Blasutti at dblasutti@ocapdd.on.ca.

Art & the Quinlan Centre

Art in its various forms and mediums is an integral component of the schedule of activities offered at the Quinlan Centre. The Centre has always had a Craft Room, supplied with most everything imaginable with which to create a work of art.

The art is usually abstract, sometimes three dimensional, very colourful, or very dark and sombre. Often with a lot of texture, sometimes aromatic and with flavour - as in edible. Usually there is no design plan in mind, but more likely the art will be triggered through emotion and sensory stimulation.



David Zito, Tony Chudiak, Jamie Hyde, Heidi St. Louis and John Flannery proudly display masks made with papier mache.

In October 2011, Jamie Hyde began to volunteer at the Quinlan Centre and his passion is art. Jamie comes to the Quinlan Centre each week on Thursday afternoon. Jamie works with up to 10 individuals throughout the afternoon and they have worked on short and long term works of art.

In the following paragraphs Jamie talks about his work.

About Me:

I am an artist living in Ottawa and have studied the fine arts for much of my life. I began taking classes at The Ottawa School of Art as a child and then attended Canterbury High School. In 2002 I studied Sculpture and Installation at the Ontario College of Art and Design.

My Approach:

While I prepare for the art classes I teach at OCAPDD, I keep in mind the enormous amount of satisfaction derived from the completion of a task on one's own. I hope that with each class individuals leave feeling more capable than before. My goal is that with time, previously unknown artistic talents are discovered and developed, thus advancing personal expression within a class setting.

It is important that I constantly reassess levels of ability in order to adapt lesson plans to each individual's specific needs. For instance, to accommodate persons within my classes who are sight-impaired, I have scented some of the acrylic paints we use with extracts such as vanilla or almond, and have added texture with rice and sand to stimulate other senses. Further, using an idea I discovered with personal research, I am fashioning a drawing board surfaced with window screen fabric that creates a braille-like experience of drawing.

While instructing the class, a flexible approach is paramount. Some individuals work well on their own with very little instruction. Others require the use of tennis balls or sponges in place of paint brushes for painting exercises because they are easier to grasp. Still others require that I work with them hand-over-hand.

I feel that by keeping records of classroom interactions and through the introduction of new mediums, I am making progress toward accomplishing my goals. I hope you've found this useful.

Regards,
Jamie

HOME SWEET HOME!

Rick Prophet moved to Beaudry Residence on December 22nd. On March 22nd he hosted an open house for friends to see his new home. All enjoyed cake, coffee and lots of fun! Rick would like to thank all who attended.



A Shinning Star



Kelly, Amanda and Warren

I would like to take the time to emphasize the accomplishments of Kelly Wilson. Kelly is a **HIGHLY** energetic young lady, employed by Walmart Trainyards since 2005. She has worn several hats since starting her work. She began as a Greeter, went to Cart Retrieval, then to Store Standards, and is now a Cashier.

Kelly suffered a bit of anxiety at first with the responsibility of her new job, as we all would. She did not let that stop her. Then Trainyards became a Superstore, with a price match guarantee. She never let the anxiety of the unknown stop her. Kelly is a true symbol of perseverance, with her fire cracker red hair

and similar personality. This is a picture of her receiving her “Shining Star of the Year Award”. This is given to the employee who best represents what Walmart looks for in their employees: punctuality, personality and ability. The customer comment cards are what Walmart uses to determine who their shining star is. Congratulations Kelly!!!

Lisa Babineau, CSS

Thank you to the IODE Walter Baker Chapter

The IODE Walter Baker Chapter provided funding for the residents and staff of Silver Spring Farm for a night out at a restaurant. The individuals really enjoyed themselves and would not have been able to do this outing without their support.

Again, thank you so much!



Kerry, Ray and Brenda

∞ In Memoriam ∞

Doug Greer (October 20, 1952 – January 25, 2012)

It is with great sadness that Lavonne Respite Care announces the passing of Doug Greer, a dear friend to all of us at the program. Staff will greatly miss this jovial redhead who always seemed to look forward to coming to Lavonne for visits. In his early stays with us, Doug was often accompanied by his sister Marley. Doug had a fondness for buses, and enjoyed any and all activities which involved buses. In short, Doug loved buses. Doug's easy going nature and great spirits always made for a fun stay for both staff and the other guests in our home.

Written by James Mitchell



Ron Charlebois (April 19, 1950 – January 13, 2012)



Ron was moved from Crosswinds to Oakdean because his health was deteriorating rapidly and he was no longer able to live on his own. Regardless of many health obstacles in his life such as being visually and hearing impaired or using oxygen, he enjoyed his daily activities as much as he could. As a retired man, he planned every day very carefully; it usually started with a bath, tea with two sugar & milk, and, of course, a well-deserved nap after his morning routine. He usually spent his afternoons chatting with roommates and staff about their private lives or just told us stories about his friends and staff from Crosswinds.

He was one of the biggest hockey fans ever, who never missed any games during the playoffs. Every game was always accompanied by his most desired snack: pickles and peanut butter sandwiches.

Ron always knew what he wanted and only went out with staff who “would not lose him” on outings to his favourite places: Tim Hortons and McDonald's. His family was also very involved in his life; he admired both sisters and could not go out all day while waiting for a phone call from a family member. He had an incredible memory and remembered many hockey games, players' names, staff schedule, all friends' and counsellors' names from different group homes, even staff pets' names. He liked spending one-on-one time with staff and always began each conversation with “see my watch, what time does it say on my watch?”

He often played his guitar in the evening, singing Anne Murray or Johnny Cash songs about “killing bears,” or made up his own songs about different events in his life.

When we had a huge 60th birthday party for Ron, so many friends showed up that some of us had to party outside Oakdean residence.

He was always thankful for the care and support he received from his extended family at Oakdean and Crosswinds.

Knowing and working with Ron was a privilege. He will be missed by many friends.

Written by Joanna Mietkowska

President & Executive Director's Report

As we move toward another summer, the Board is again recruiting candidates for the Board of Directors. Unfortunately, in March, Peter van der Jagt had to resign for personal reasons. This departure leaves 3 vacant positions. The goal of the Recruitment Committee is to have a full slate ready to bring to the AGM in September for election, so we are soliciting names from the membership in addition to our usual recruitment efforts.

As noted in our last edition of Esprit, a decision was taken to not apply for United Way funding last fall. We are pleased to announce however, that MCSS were able to provide some additional funds to offset some of the loss of the United Way revenues. We are also appreciative of one-time fiscal funds from MCSS in February that was able to be provided to employees through one-time lump sum payments.

As you are likely aware, the Ontario Budget was passed in the Legislature. From media reports, the Government amended the Budget which now includes an increase in ODSP rates of 1%. While it always takes several weeks after the Budget is approved for the Ministry budget details to be known, on the face of what has been tabled we are not anticipating any change in funding levels – either an increase or decrease. This will obviously continue to place financial pressures on OCAPDD as we work to manage a variety of inflationary costs.

We are pleased to announce that OCAPDD was selected for a grant from the Trillium Foundation of Ontario. This grant will be utilized to create a service and business plan that will allow the organization to assess effective ways it can respond to the needs of aging clients, especially those with dementia.

In May, the Board of Directors held their meeting in Cornwall in an effort to connect with members and the families of individuals we support at Open Hands. The Board indicated at the time of the amalgamation that a meeting would be held in Cornwall at least once per year. Over 25 people attended the public portion of the meeting including the Management team, family members and staff along with the MCSS Program Supervisor.

We would like to congratulate Alexandra Campbell and Stephanie Cassidy, this year's recipients of The Silver Spring Farm Scholarship Award. The awards were presented at the April Board meeting.

As always at this time of year, we would again like to encourage you to join us at this year's golf tournament on June 18th. This year will be our 12th tournament and we look forward to selling out!

Have a safe and enjoyable summer!

L. Bonnie Dinning, President
David A. Ferguson, Executive Director



Bonnie Dinning, Alexandra Campbell, Stephanie Cassidy and David Ferguson.

Annual General Meeting

OCAPDD's Annual General Meeting (AGM) will be held on Wednesday, September 18, 2012. The AGM will be held at our new office located at 229 Colonnade Road beginning at 7pm. The AGM's main purpose is for the Board of Directors to report on the last year's activities and propose a course for the future.

The Nomination Committee is eagerly looking for Board Members. The 12 members of the Board of Directors are comprised of: at least three members who represent families / parents with a disabled relative and two from the francophone community. The remainder are from the public, private and non-profit sectors with every effort to ensure visible minority representation from the community, as appropriate. To be eligible to stand for election, you must be 18 years or older, and a member of OCAPDD for not less than thirty (30) days prior to the AGM.

If you would like to speak to the Nomination Chair about the nominations process, please call 613-569-8993 extension 225.

2012 Employee Recognition

Service Awards were presented to the following employees to recognize their years of service with the agency:

40 Years

Martin Hollinger

35 Years

Cecil Aird

30 Years

Julie Leonard

Deborah Klesh

Cheryl Lapointe

Linda Porter

Holly Mitchell

25 Years

John Lonergan

Terry Lynn Costello

Stephanie Lecky

Tracy Wynn

Kim Scott

Janet Waterman

Cathy Holmes-Parsons

Karen Bell

20 Years

Lesley Goudge

Paul Bancroft

Melaina Farrell

Derek McMaster

Nichole Cuglietta

15 Years

Chitra Kanhere

Carolyn Drouin

Guirlene Jean-Baptiste

Alain Perreault

Johanne Chauvin

10 Years

Jennifer Sims

Anita Chusroskie

Portia John

Emilie Lanteigne

Linda Manley

Jessica Eva

Ellen Suykens

Carleen Pitcher

Jennifer Little

Ryan Horne

Cheryl Miner

Kellie Dingwall

Cindi Terry

Scott Baker

5 Years

Gabriel Dolo-Cooper

Sheri-Lynn Style

Michelle Holmes

Vasso Rappos

Heidi Levine

Kim Kane

Jenna Yuill

Rosemarie Ferguson

Jovithe Nihorimbere

Mary Courneyea

Margaret Barrance

Stacey Borthwick

Sandra Montgomery

Anna Joiner

Megan Curry

Richard Lanteigne

Diana Thompson

Aris Kerton

Ashley Carpenter

Anita Janz

Nzazi Mboma

Bernard Gaudet

Andrew Lyons

Nancy Hall

Leigh Golding

Sasha Hill

2011 Christmas Gift Wrap Project



This past Christmas Gift Wrap Project was again a huge success. Thanks to all those who volunteered their time and helped profile OCAPDD. We generated over \$16,000 between St-Laurent Shopping Centre and Carlingwood Mall. We could not have done this without the help of 400+ volunteers from the Church of Jesus Christ of Latter Day Saints, OCAPDD and the community.

Special thanks also go to our loyal customers who come back every year to get their gifts wrapped and support OCAPDD.

All of your continuous time and efforts contributed greatly toward the success of this special event. We would not be able to do this without special, caring people.

New survey available examining the lives of kids with severe developmental disabilities

Dr. Rosemary Condillac of Brock University and Dr. Jonathan Weiss of York University are currently looking for parents of Canadian children and youth (10-16 years) with severe developmental disabilities to participate in an exciting new research study.

GO4KIDDS is a series of research projects about the health, wellbeing, and social inclusion of Canadian children with severe developmental disabilities (DD) and their families. There is currently a Health Care and Service System Utilization Survey intended for parents of children aged 10-16 years who have a severe DD. The survey is split up into 3 parts. Each part takes between 30-60 minutes. If you complete the survey, the researchers will send you a \$50 honorarium in appreciation of your time and effort. You can complete the survey online. To find the link to the first part of the survey go to www.go4kidds.ca or contact our Research Coordinator, Keeley White, by email at gohealth@yorku.ca.

Swing for OCAPDD

The sun is shining and the warm weather is now upon us! Come join us for our 12th Annual Golf Tournament on Monday, June 18th at the Hautes Plaines Golf Club.

Again this year there will be a silent and live auction, as well as other prizes such as the 2012 ClubLink Road to RattleSnake Contest (see back cover for details).

This is a great day to spend time with a few friends, cousins, Mom, Dad or even your boss! Registration in the tournament has become a well received Father's Day gift.

Remember, a bad day on a sunny golf course is better than a good day in the office (please see insert or visit our web site at www.ocapdd.on.ca for more details and registration).



THE 2012 CLUBLINK ROAD TO RATTLESNAKE CONTEST

CLUBLINK
ONE MEMBERSHIP
more golf



MORE THAN **\$375,000**
IN PRIZES AVAILABLE TO BE WON!

CONTEST RUNS FROM
APRIL 16, 2012, THROUGH OCT. 5, 2012

ClubLink corporate event participants could win great prizes such as exclusive golf vacations, ClubLink one-year memberships, gift cards and much more.

Enter the contest online at www.clublink.ca/RoadToRattlesnake, using the contest card you receive at your event.

On Oct. 9, 2012, 50 lucky winners will be chosen by random draw to attend the final event along with their event convenor and guests at RattleSnake Point Golf Club in Milton, Ont., for a day of golf followed by a gala dinner and prize presentation.

ALL-INCLUSIVE GOLF
VACATION TO THE KINGDOM
AND PREMIER TAYLORMADE
CUSTOM-FITTING EXPERIENCE
CARLSBAD, CA

LIVE A GOLFER'S DREAM
AT THE KINGDOM AT
REYNOLDS PLANTATION
GREENSBORO, GA

WALK IN
THE FOOTSTEPS OF LEGENDS
AT PEBBLE BEACH, CA

*
LIVE THE LIFE OF LUXURY
IN PALM SPRINGS, CA

CLUBLINK ALLIGATOR ALLEY
GOLF TOUR IN TAMPA AND
FT. LAUDERDALE, FL

*
AND MUCH MORE!



For contest details and terms and conditions visit www.clublink.ca,
or ask for contest rules at the ClubLink Corporate Events office.

Contest is open to participants of contracted ClubLink corporate events of 20 or more players.
ClubLink will not cover travel, accommodations or expenses of any kind for the final event.