



# Esprit Newsletter

Spring / Summer Edition 2011

*Ottawa-Carleton Association for Persons  
with Developmental Disabilities (OCAPDD)*

*Association d'Ottawa-Carleton pour personnes  
ayant une déficience intellectuelle (AOCPI)*

## Ottawa Fat Cats & OCAPDD's Fundraising Day, Sunday, June 5th at 2pm



**Come out to the Ottawa Fat Cats game on Sunday, June 5<sup>th</sup> and enjoy some fun in the sun, all the while generating much-needed funding for our Association.**

Support OCAPDD by purchasing discounted game-day tickets at \$8 each, by phone at 613-749-2020 (please ensure you mention OCAPDD) or online at: [www.metcove.com/ocapdd](http://www.metcove.com/ocapdd) (prior to game day). Tickets will be available for pick up at the "Will Call" window at the Ottawa Stadium the day of the game.



The program is unique! OCAPDD retains \$4 from the purchase of each game ticket.

Our name will be announced over the PA system and displayed on the Stadium Scoreboard. We will also have a table set up to promote and sell some of our Under One Roof items. Come one, come all!

## Therapeutic Riding with OCAPDD's Equicizer horse named "Charity"



Rhonda Wilson (top left) and Sue Hutchingame (bottom left) whoop it up with Mandi Dupuis. They saddled up and had themselves a fun time working on strengthening exercises.

Individuals have been participating in the Therapeutic Riding program every week at the Nepean National Equestrian Park.

The program builds on teaching people with developmental disabilities the knowledge of horses, taking the fear away and giving them another leisure activity in the community. This program is suitable for all levels of disability and age groups. It does not require intellectual response or communication skills.

"Riders can increase their strength, stability, flexibility, balance, confidence and overall wellbeing."

Sue and Rhonda would like to use the horse in an exercise program to improve flexibility so they can eventually participate in the CSS Riding Program they both enjoyed so much.

This special project is funded by a grant from the Community Foundation of Ottawa.



## Celebration of People Awards

The **Celebration of People Awards** Dinner on December 2<sup>nd</sup> honoured a number of individuals and organizations in our community. This event celebrates the achievements and contributions of individuals, businesses and organizations who promote accessibility, inclusion and full community participation by Canadians with disabilities.

OCAPDD is very happy to congratulate five Award recipients associated with our organization.

**Glen Kennedy** was the recipient of the **Employee Award**. Glen has worked as a Front End Service Clerk for Loblaws Carlingwood Mall for over 18 years. Customers and colleagues say that through his dedication, Glen has created a positive sense of community and a welcoming environment.



Kathy Belanger, Loblaws Employer Award and Glenn Kennedy, Loblaws Employee Award & Supported Work participant.

**Dr's of Shredding** was the recipient of the **Volunteer Opportunities Award**. For the last 10 years, a number of individuals from the Loeb Centre have been volunteering at CHEO. They work hard by shredding over eight thousand pounds of confidential waste every year.

**Heather Green** and her co-workers Scott Harford and Paul Knoll were the recipients of the **Career Award**. Heather has been employed at Canada Mortgage and Housing Corporation since 1993 as part of the corporation's Special Needs program. Throughout her career, she has made a significant contribution to her workplace both professionally and socially.

**Loblaws Supermarket Ltd. Carlingwood Mall** was the recipient of the **Employer Award**. Loblaws has initiated many successful inclusive practices for recruiting, hiring, training and supporting people with disabilities, including team-building and an employee recognition program.

**André Marcoux & Vladimir Popovic** were the recipients of the **Accessibility by Design Award**. Together they worked to transform a small 50 year old home into a fully accessible home for 6 individuals with developmental disabilities and high physical needs.

Please join us in applauding these award winners for their significant achievements!

Judy Bernstein, Director of Supports and Services

## Cake Boss



Margaret Grove (left) told staff that she wants to be a "Cake Boss". They promptly helped Margaret enrol in a cake decorating class at Michael's, where she learned the basics. Margaret's teacher enjoyed working with her and was impressed with her efforts. When Margaret completed the "Basics" course the teacher encouraged Margaret to enrol in a more advanced class, "Fondant and Gum Paste". Margaret started that course in early April. She loves the classes and is proud of her work. She hopes to one day be the "OCAPDD Cake Boss", making cakes for other people's birthday celebrations.

Good luck, Margaret. Buddy would be proud!

Wendy Skinner, Crisis Prevention Supervisor

## Silver Spring Farm Programs Receive Visit from Senior MCSS Representatives

On March 29, 2011 the individuals we support, and employees welcomed Alex Bezzina, Assistant Deputy Minister and Suzanne Gagnon, Regional Director to OCAPDD's Silver Spring Farm (SSF).

Alex and Suzanne toured two of our programs, the Annex and Charette group home, and visited with both the staff and participants. Both of these programs along with our Campbell program, with Ministry fiscal support, have undergone major renovations as a result of the closure of provincial facilities in 2009. The individuals attending these programs were proud to show off their new day program and residence. Both Ministry officials were presented with small gift bags, which included Under One Roof items & a copy of the Silver Spring Farm cookbook.

## "We Caught YOU Being Excellent"

I have been an OCAPDD staff for several years in several different capacities and CSS can be the most challenging. In January, one of the older individuals I support was having cataract surgery which meant that he needed eye drops for 30 days post surgery, 4 times daily. In frustration, I voiced my concerns to my peers, since we were unable to accommodate 7 days a week, when one spoke up and said "what about Ratan?" I called and there was room for the allotted amount of time. Although the transition was not that easy, it ended up being more than he could ever have expected. This is an individual who fears not being in his own apartment. Although staff agreed that a long term care facility may be more appropriate he has wanted nothing to do with it. Since the concern was for his physical health, he agreed to move into Ratan for the month.

Ratan staff greeted him with open arms and were quite wonderful and thoughtful of him. They even brought his breakfast downstairs to him so he could stay downstairs since his vision was not clear at first. Within 1 week, he said the bed there was allowing him to sleep a much better sleep and loved making coffee for staff at times. He ate better meals and ended up losing some weight, which can only help with his physical health. He said he was not feeling lonely.

When it was time to leave, he became teary eyed and said he was going to miss the gang. The staff enjoyed his presence so much, they invited him for holiday meals, like Easter. This individual has no family and now he feels he is part of something. For the first time in the several years that I have worked with him, he has agreed to visit long term care facilities, since his stay at Ratan was so enjoyable. Now the test for me is to find something similar!! I cannot thank the staff enough for the comfort they gave this individual at a time where he was afraid and felt alone. It certainly left all of us with warm fuzzies, knowing that we did not need to worry about him as he was in capable hands. I always find it amazing when staff come together from different areas for the same common goal.

Thank you Ratan staff for making this transition easy and comfortable. You should be commended for all your hard work.

Lisa Babineau, CSS

## *Way to go David!*

Congratulations go out to David Lawrence for going above and beyond! A staff at his residence had a fall that resulted in a severe concussion. At the time of the fall, the staff and David were alone. David quickly took charge of the situation, called 911 and ensured the staff was ok until the ambulance arrived.

Well done David!



David Ferguson congratulates David Lawrence.

## ARC Cues it up!

About one and a half years ago, Options Bytown offered us a used pool table for our ARC program, and since our “really old” pool table was no longer usable, I thought that it would certainly get some good use. However, since we were in the midst of moving “ARC”, we really didn’t have any place to keep it until we were settled in here at Colonnade. I then mentioned this to Mr. Tony Pantelone, President of **Entro Building Systems**, who is one of the contractors we use. He immediately offered to help us with this situation. In fact, he not only picked it up, stored it for over 14 months at his warehouse and delivered it here to Colonnade, he also arranged to have another contractor replace the pool table cloth, which was badly worn. After he installed the pool table, he also donated 5 pool cues for everyone to use. His donation is greatly appreciated by many, as you can see from the above photo. We would like to thank Tony for his generous donation. It is this type of generosity that helps improve the lives of those we serve.

Thanks again Tony.

Vince Auger, Director of Operations & Asset Management



From left to right: Louis, Barry, Tony, Sherry, David, Ian and Bob.

## Loeb Goes Hi-tech in Style!



From left to right: Steve, Mark and Rejean.

Friday afternoon movies are a long standing tradition at Loeb Centre enjoyed by many after a long week of toiling on the shredders. Unfortunately, our old televisions were short on picture quality and long on distorted sound.

Ann Marie Bloom decided to take a trip to Future Shop, Ogilvie Rd, to convince the staff that they needed to help us enter the twenty-first century. She was successful in securing a great deal on two 42” flat screen televisions with surround sound. Rob worked really hard to secure the best possible deal on the televisions, and then with Steve, convinced Don to donate a gorgeous \$400 TV stand. Discounted set-up and installation of the theatre systems and stand were also part of this great deal.

Special thanks to:

Don – Sales Manager

Steve and Mark – Home Theatre Installers

Rob – Sales Representative

Also, a big hug to Cupcake who works tirelessly to make improvements benefiting us all.

April Dodge, Loeb Centre

## *2011 Employee Recognition*

### **35 years**

Jo-Anne Harvey  
Kuo Wee Tay

### **30 years**

Kate de Lanux  
Emma Dickson  
Roxanne Gilbert  
Marion Kennedy  
Nancy Lyon  
Jill McKnight  
James Rudkoski  
Ann Schulz  
Lynne Williamson  
Bruce Young

### **25 years**

Chris Allen  
Joanne Bennett  
Ann Marie Bloom  
Suzanne Brewster  
Tracey Brown  
Chantal Jacques  
Kevin Lamont  
Donna Porter  
Gisele Thibodeau  
Andrea Tye-Campbell  
Judy Vance

### **20 years**

Danielle Boyer  
Claudette Clost

Kim Flaro  
Shirley Griffiths  
Mike Ladouceur  
Doris Laporte  
Wendy Skinner  
Christine Sullivan  
Brenda White

### **15 years**

Tracey Brooks  
Barrie Clifford  
Robert Cloutier  
Christi-Anne Dore  
Milton Ellis  
Ruth-Lynda Estigene  
Michele LeMay  
Collette Newell  
Linda Ralph  
Janet Salinas  
Marnie Suykens

### **10 years**

Shelagh Ahearn-Ifedebe  
Maureen (Nora) Campbell  
Effi Cooper (relief)  
Kerry Johnson  
Joyce Joseph  
Karen Maher  
Alexandra McKeown  
Jane O'Callaghan  
Mike Savage  
Lauren Scott

Miranda Singh  
Tasha Smith  
Heather Snowdon  
Cinda Stewart  
Jeremy Thompson

### **5 years**

Alex Arnott  
Desiree Betsch  
Ashley Blackwood  
Raymond Clairmont  
Erin Copeland  
Laura Davidson  
Michael Delmas  
Kim Greco  
Miichael Hiscoe  
Julie Irvine  
Jackline Kiirya  
Anne Lafreniere  
Marielle LeBlanc  
Michele Leblanc  
Kevin Lee  
Alaba (Bisi) Olalare  
Louis Renaud  
Oscar Velasco  
Christine Sullivan  
Brenda White  
Heather Snowdon  
Cinda Stewart  
Jeremy Thompson

## *2011 Volunteer Recognition*



40 years – Ann Smith

### **30 years**

Tanya Leclair

### **20 years**

Jack Fraser  
Laura Mulligan

### **10 years**

Bernie Murphy  
Deirdre Murphy  
Carol Cuglietta

### **5 years**

Sandra Owens  
Patricia Hursti  
Jill Castonguay  
Anne Priest  
Anne Russell  
Marc Ledoux  
Renée Ladouceur-Beauchamp  
Lorna Tessier  
Kate Miller  
Dave Trigger

## 2010 Christmas Gift Wrap Project

This past Christmas Gift Wrap Project was again a huge success. Thanks to all those who volunteered their time and helped profile OCAPDD. We generated over \$16,000 between St-Laurent Shopping Centre and Carlingwood Mall. We could not have done this without the help of 400+ volunteers from the Church of Jesus Christ of Latter Day Saints, MBNA, OCAPDD and the community.

Special thanks also go to our loyal customers who come back every year to get their gifts wrapped and support OCAPDD.

All of your continuous time and efforts contributed greatly toward the success of this special event.

We would not be able to do this without special caring people.



Dows Lake Ward

## THE 68<sup>th</sup> NATIONAL VOLUNTEER WEEK - APRIL 10 -16<sup>TH</sup>

National Volunteer Week was first proclaimed in 1943 as an initiative to draw the public's attention to the vital contribution of women to the war effort on the home front. In the late 1960s, the focus was revived and broadened to include all community volunteers.

**Volunteers: Passion. Action. Impact.** is the theme of this year's campaign. It is based on the individual volunteer super-heroes across Canada who dedicate themselves to making their communities better – and Canada a great place to live.

Volunteers play such an important role by supporting and delivering many services, to improve the lives of OCAPDD individuals. Please take this opportunity to acknowledge the substantial contribution your volunteers make on a daily basis.

I would also like us to take time to celebrate staff's own achievements as mentor's and facilitator's in making volunteer contributions possible. You make it all happen. Thank you.

*~ Volunteering is the ultimate exercise in democracy.*

*You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in. ~*

*(author unknown)*

*You can now reach the majority of OCAPDD Programs at 613-569-8893 by dialing the following extensions:*

Ahearn 7200  
**ARC 538**  
The Annex 7535  
**Beaudry 7470**  
Byron 7220  
**Campbell 7320**  
Charette 7300

**Crosswinds 7450**  
Forest Gate 7230  
**Loeb Center 620**  
Maryland 7210  
**Moffatt 7314**  
Nestow 386  
**Oakdean 390**

Plant Maint - Sparks 585  
**Ratan 385**  
Lavonne – Respite 360  
**Fairlawn – Répit 361**  
Settler's Ridge 7240

# Community Articles

## **ConnectABILITY.ca**

As part of our strategy for the development of an Ontario Developmental Services Web Portal, Community Living Toronto committed to redesigning ConnectABILITY.ca as a more accessible and user friendly site. In the web portal framework presented at the Provincial Network Forum last October, ConnectABILITY.ca was identified as the foundation for the library component.

Today, I am pleased to announce the launch of the revised ConnectABILITY.ca that provides supports for individuals with an intellectual disability and their networks across all ages and stages of their lives. The site is now organized by age group and life's major transitions – kids, youth, adults and seniors –to help you find the right information.

This more accessible and user friendly site better enables us to deliver web-based access to information and resources for the Application Entities, as well as directly to families and staff.

I encourage you all to take a look at the revised site [www.connectability.ca](http://www.connectability.ca).

***Bruce Rivers, Chief Executive Officer  
Community Living Toronto***

*“Where choices change the lives of people who have an intellectual disability”*

## *From institutional to community living: A history of developmental services in Ontario*



In 1876, the Government of Ontario opened its first institution for people with a developmental disability just outside of Orillia on the shores of Lake Simcoe. By 1968, at the height of its operations, the facility had 2,600 residents.

The number of institutions and the number of people living in them continued to grow until the mid-1970s. By 1976, two years after the government passed the Developmental Services Act, Ontario operated 16 institutions, or facilities as they came to be called. They provided residential care to more than 10,000 people with a developmental disability. (continued on next page)

*From institutional to community living:  
A history of developmental services in Ontario (continued from previous page)*

The Developmental Services Act was a turning point in the evolution of Ontario's system of developmental services. It marked the beginning of the shift to a new way of providing services and supports to people with a developmental disability, one which focused on greater independence, social inclusion and personal choice. This shift culminated in 2009 when Ontario closed the doors to its last remaining facilities.

Spanning a timeframe of more than 100 years, this is the story of why the facilities were built and why they were closed. It's the story of how society's attitudes towards people with a developmental disability have changed over the years and how government policy and legislation have evolved in response. Most of all, it's the story of the people who lived in Ontario's facilities and the men and women who worked there.

Institutionalized care for people with a developmental disability peaked in Ontario around 1974. At that time, the government operated 16 institutions, in which more than 8,000 people lived.

By the 1960s, attitudes towards people with a developmental disability were starting to change. The "community living movement" was spreading across North America. The movement was started mainly by family members who dreamed of a better life for their sons and daughters living in institutions. At the same time, people with a developmental disability also began to advocate for their own rights to live as full citizens.

Advocates of the community living movement argued that people with disabilities - including those with a developmental disability - are citizens who have the right to participate in community life, regardless of the degree of their disability. They argued that with the right community services and supports, people with a developmental disability can live and participate in their own communities just like everyone else.

The Ontario government responded by funding more and more services and supports in the community. These programs included both group and individual living arrangements, as well as day programs such as sheltered workshops and life skills programs.

The shift from institutional to community supports continued to evolve considerably over the next four decades.

In March 2009, the Ontario government fulfilled its commitment made in 1987 to move from an institution-based system for people with a developmental disability to a community-based service system.

Nearly 7,000 adults with a developmental disability in Ontario have successfully transitioned to new homes in the community.

Homes have been found that better meet each person's needs based on thorough planning that includes the individuals, their families, facility staff, medical professionals and the community agencies.

Our story does not end here, however.

Ontario will continue to work with families and individuals, community agencies and service providers to truly include people with a developmental disability into the day-to-day life of our neighbourhoods and our communities.

The above is an excerpt from the MCSS Web Site, for more information visit [www.mcass.gov.on.ca/en/dshistory/](http://www.mcass.gov.on.ca/en/dshistory/).



## UFEO Hosts Meeting for Families with MCSS Representatives

United Families of Eastern Ontario (UFEO) is a coalition of family groups and individuals committed to improving the lives of children and adults with developmental disabilities by ensuring they have the same choices and opportunities as the rest of Ontarians. More information about UFEO can be found at [www.UFEO.ca](http://www.UFEO.ca)

“Families of OCAPDD” is a member of UFEO. Families receiving OCAPDD services and supports for their disabled family member are invited to attend and participate in:

**UFEO’s Annual General Meeting**  
**Wednesday May 18<sup>th</sup>, 2011**  
**1140 Morrison Drive, Ottawa - Y’s Owl Maclure**

### Agenda

1. **Annual General Meeting and Elections 5:30-7:00 p.m.**
2. **Presentation and Information session with MCSS 7:30 p.m.**
  - **The new application centre: DSOER (Developmental Services Ontario Eastern Region).**
  - **Standardizing the evaluation of adults with a developmental disability in Ontario.**

\*Please note: If your family member already receives supports, services or funding from MCSS; or, if they are on a waitlist for a funded program, nothing will change. However, all individuals with a developmental disability will require a standardized assessment in the future.



Every five years Statistics Canada conducts a census. The next Census of Canada will take place on May 12, 2011. (see insert for details)

### **Why is the census important?**

When you complete your census questionnaire you are providing important information that will be used in making decisions—for your neighbourhood, your community, your province, and the country as a whole.

Communities depend on census information when planning for new schools, roads, waterworks, public transit, and police and fire services. Town planners use census information on households and families to plan current and future housing needs, health care, and day-care centres.

Population estimates obtained from the census are used to allocate transfer payments from the federal government to the provinces and territories and from the provinces to municipalities.

As a decennial census, data from the 2011 Census will be used to determine the number of Members of Parliament.

## ∞ In Memoriam ∞

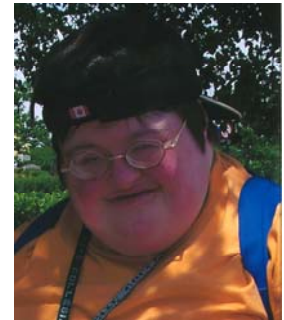
**Gordon Thrun** (July 9, 1922 - January 12, 2011)



“2011 started off on a sad note at Forest Gate Residence with the passing of Gordon Thrun on January 12<sup>th</sup>. Gordon will be fondly remembered as a true gentleman who loved motorcycles and pretty ladies, and who was so proud and dedicated to his job of many years at the courthouse downtown. We were pleased to be able to honour his wishes of dying at home, surrounded by those who loved and cared for him. He has left a rather big hole in many hearts.”

**Rachelle Lalonde** (22 juillet, 1974 - 17 mars, 2011)

Rachelle a participé dans les activités du Centre de transition communautaire depuis les dernières huit années. Elle aimait la cuisine, le bingo, le hockey ‘Canadien de Montréal’, les quilles, chanter des chansons dans l’activité de cabaret. Rachelle était une femme très sociable et avait beaucoup d’amis au centre. Rachelle, notre amie, tu ne seras jamais oublié.



**Chris Lynch** (May 19, 1962 - January 4, 2011)



The Plant Maintenance Tunney’s group suddenly/unexpectedly lost a faithful longtime worker on Jan 4<sup>th</sup>. Chris started with us in 1988 and quickly worked his way into our hearts and those of the government and contractor staff. Chris could not walk 10 feet down the hall without saying hello to someone, most by name. His gentle, kind and thoughtful nature helped him make friends and acquaintances everywhere he went. He had a great sense of humour and will be remembered for his hand gesture “dialing the lord.” Chris joined OCAPDD in 1983 starting at the Adult Training Centre. He was a founding member of the Young Challengers and Faith and Light Ottawa communities. Chris left us with many wonderful, amusing memories and will be remembered fondly by all those who had the pleasure and good fortune of knowing him.

**Paul Sullivan** (July 19, 1937 - December 21, 2010)

Paul was a proud practical man. He was a man who was very appreciative for all he had, especially family and friends. Having grown up on a farm Paul developed and maintained a love for gardening. Being a practical man he understood in his later years that it was getting difficult to pursue his gardening. Having given it some thought Paul determined that a perennial garden would require less maintenance. A BBQ fundraiser was organized and Paul’s perennial garden took root. Having grown up on the farm instilled some old school values in Paul. He valued a sense of humour (he loved to tease) he valued hard work (he was always ready to help). Like many other regular working men, Paul enjoyed and valued a ciggie, a beer and good Johnny Cash tune on the player. Paul “\*we’ll meet again some sunny day”. \**Johnny Cash song: We’ll meet again.*



## *President & Executive Director's Report*

We would like to thank all of the members who participated in our Membership Survey conducted last year. The results were presented to the Board of Directors at the January meeting. The results were informative and interesting. Some of the results to note are:

- There was a 48.2% completion rate of the survey
- Over 76% had been members of OCAPDD for more than 10 years
- Over 80% of the members are 60 years of age or older
- 79% indicated the membership fee was 'just right'
- Over 53% indicated that receiving Esprit was the most important benefit of being a member
- 82% indicated that they wish to continue to receive information by regular mail rather than electronic mail

As many of you will be aware, many of the new Government Regulations associated with the Act came into effect on January 1<sup>st</sup>. Across the Province, the DS sector was required to train all employees and volunteers with respect to the Quality Assurance Measures (QAM) by that date. This requirement was given very little lead time, and organizations including OCAPDD worked very hard to meet the deadline. We would like to thank all of the management and staff who worked through December to complete the training. QAM has also resulted in many operational policies and procedures to be revisited and in many cases, re-written.

As noted in our last edition of Esprit, there had been an announcement in the fall identifying 8 regional Application Entities. The exception had been for our Region, where a second competitive process was going to occur. This process was conducted in early January. The Ministry announced in February that Service Coordination had been selected from the process to become the Eastern Region's Application Entity. All of the new Developmental Service Organization's (DSO) are scheduled for a July 1 operational start date.

We would like to congratulate Christine Sheppard and Penny Mayo (right), this year's recipients of The Silver Spring Farm Scholarship Award. The awards were presented at the April Board meeting.

As always at this time of year, we would again like to encourage you to join us at this year's golf tournament on June 20<sup>th</sup>. This year will be our 11<sup>th</sup> tournament and we look forward to selling out!

Have a safe and enjoyable summer!

L. Bonnie Dinning  
President



Left to right: Bonnie Dinning, Penny Mayo, Christine Sheppard and David Ferguson.

David A. Ferguson  
Executive Director

# FORE OCAPDD!

**Your swing truly makes a difference!**



The sun is shining and the snow is finally gone! Come join us for our **11<sup>th</sup> Annual Golf Tournament** on Monday, June 20<sup>th</sup> at the Hautes Plaines Golf Club.

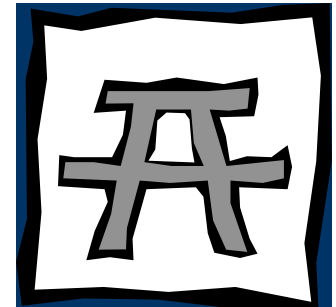
Again this year we will be hosting a silent and live auction, as well as door prizes and our famous card game. This is a great day to spend time with a few friends, cousins, Mom, Dad or even your boss! Registration in the tournament has become a well received Father's Day gift.

Remember, a bad day on a sunny golf course is better than a good day in the office (please see the insert for registration & details).

## OCAPDD / AKTION CLUB PICNIC & BBQ

Please join us on Sunday, June 26<sup>th</sup> from 11:30am until 3:00pm at Vincent Massey Park, Sections M, N, O & P.

This event is for all staff, clients & families to get to meet each other and have a terrific time finding out who's who.



There will be BBQ hamburgers & hot dogs at \$1 each and soft drinks for \$0.50 available all afternoon. Parking is \$5 and there will be no rain date. If it is raining, please call 613-569-8993 extension 243 to confirm the picnic is still being held.

## Annual General Meeting

OCAPDD's Annual General Meeting (AGM) will be held on Wednesday, September 21, 2011. The AGM will be held at our new office located at 229 Colonnade Road beginning at 7pm. The AGM's main purpose is for the Board of Directors to report on the last year's activities and propose a course for the future.

The Nomination Committee is eagerly looking for Board Members. The 12 members of the Board of Directors are comprised of: at least three members who represent families / parents with a disabled relative and two from the francophone community. The remainder are from the public, private and non-profit sectors with every effort to ensure visible minority representation from the community, as appropriate. To be eligible to stand for election, you must be 18 years or older, and a member of OCAPDD for not less than thirty (30) days prior to the AGM.

If you would like to speak to the Nomination Chair about the nominations process, please call 613-569-8993 extension 225.